

Personal Deliverance Prayer Form

Prepared by the St. Padre Pio Center for Deliverance Counseling™

NOTE: for Catholics, if there are any unconfessed grave sins, be sure to confess them in the Sacrament of Confession before praying this Deliverance Prayer.

Anywhere you see ✠, make the sign of the cross on yourself with Holy Water.

In the Name of the Father, and of the Son, ✠ and of the Holy Spirit. Amen.

1. Positioning Oneself in Christ:

Closing Ancestral Doors

Dear Heavenly Father, I come to you as your child, purchased by the blood of the Lord Jesus Christ. I here and now renounce and repudiate all the sins of my ancestors and other family members. As one who has been delivered from the power of darkness and translated into the kingdom of God's dear Son, I cancel out all curses, spells, hexes, or other demonic workings that have been passed on to me from my ancestors or from other family members. As one who has been crucified with Jesus Christ and raised to walk in newness of life, I cancel every curse, spell, hex or other evil matter that may have been put upon me. I announce to Satan and all his forces that Christ became a curse for me when he hung on the Cross. As one who has been crucified and raised with Christ and now sits with him in heavenly places, I renounce any and every way in which Satan may claim ownership of me. I declare myself to be eternally and completely signed over and committed to the Lord Jesus Christ. I now ask you Father to command every familiar spirit and enemy of the Lord Jesus Christ that is in or around me to leave me and go where Jesus Christ tells these evil spirits to go. I now ask you, Heavenly Father, to fill me with Your Holy Spirit. I submit my body as an instrument of righteousness, a living sacrifice, that I may glorify you in my body. All this I do in the name and by the authority of the Lord Jesus Christ, with the intercessions of the Blessed and Immaculate Virgin Mary, Mother of God, Blessed Michael the Archangel, Blessed Apostles Peter and Paul, Sts. Benedict, Basil, Padre Pio, Bruno, Dymphna, and my Guardian Angel, and all the Saints and Angels of Heaven, and powerful in the holy authority of the name of Jesus Christ. Amen. (Rom. 6:4; Gal. 2:20; 3:13; Eph. 1:7; 2:5-6; Col. 1:13)

Commitment to Live Humbly Before the Lord

Dear Heavenly Father. You have said that pride goes before destruction and an arrogant spirit before stumbling (Prov. 16:18). I confess that I have not denied myself, picked up my cross daily and followed You (Matt. 16:24). In so doing, I have given ground to the enemy in my life. I have believed that I could be successful and live victoriously by my own strength and resources. I now confess that I have sinned against You and by centering my life around self instead of You. I now renounce self-life and by so doing cancel all ground that has been gained in my members by the enemies of the Lord Jesus Christ. I pray that You will guide me so that I will do nothing from selfishness or empty conceit, but with humility of mind I will regard others as more important than myself (Phil 2:3). Enable me through live to serve others and in honor prefer others (Rom. 12:10). I ask this, my Lord, strengthened by the intercession of the Blessed and Immaculate Virgin Mary, Mother of God, Blessed Michael the Archangel, Blessed Apostles Peter and Paul, Sts. Benedict, Basil, Padre Pio, Bruno, Dymphna, and my Guardian Angel, and all the Saints and Angels of Heaven, and powerful in the holy authority of the name of Jesus Christ. Amen.

Renouncing Works of Satan

I claim the full victory that my Lord Jesus Christ won on the Cross for me. “Having disarmed the powers and authorities, He made a public spectacle of them, triumphing over them by the cross” (Col. 2:15). His victory for me is my victory.

In the name of the Lord Jesus Christ ✠ I renounce all the workings of Satan in my life by my actions or by others. I break all attachments, grounds, and rights Satan may have in my life whether such ground was gained through my actions or through others.

I now renew my Baptismal Promises to reject Satan, and all his works, and all his empty promises.

I believe in God, the Father Almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord, who was born of the Virgin Mary was crucified, died, and was buried, rose from the dead, and is now seated at the right hand of the Father. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting? Amen.

In the name of Jesus Christ, ✠ I ask Father that you command Satan and all his minions, whomever they may be, to get out of my life and to stay out. I now dedicate myself to the Lord Jesus Christ; I belong to Him alone. Amen.

2. Personal Deliverance Prayers

Praise, Worship, and Adoration

Heavenly Father, I come before you in praise, worship, and adoration. Thank you for sending your Son Jesus Christ to give me life, to give me forgiveness, to give me a place in your family. Thank you for sending the Holy Spirit to guide me and empower me in my daily life. Heavenly Father, open my eyes that I may see Your greatness, Your majesty, Your victory on my behalf. Amen.

Covering Oneself in the Blood of Jesus

I place myself now under the cross of the Lord Jesus Christ ✠ and cover myself with the Precious Blood of Jesus. I surround myself with the light of Christ. Amen.

Putting on the Armor of God

I “Put on God's armor so as to be able to resist the devil's tactics.” I stand my ground “with truth buckled around my waist, and integrity for the breastplate...” I carry the “shield of faith to “put out the burning arrows of the evil one...” I accept “salvation from God to be my helmet and receive the word of God from the Spirit to use as my sword” (Eph. 6:10, 11, 14, 16, 17).

Forgiveness and Confession

Heavenly Father, please bring to mind any areas of unconfessed sin. Show me aspects of my life not pleasing to You, ways that would give Satan a foothold.

For unconfessed sins, pray the following (note: for Catholics, his prayer is to confess any unconfessed venial sins):

I now confess the sins of _____, _____, _____, to You and claim through the blood of the Lord Jesus Christ my forgiveness and cleansing. Strengthened by the intercession of the Blessed and Immaculate Virgin Mary, Mother of God, Blessed Michael the Archangel, Blessed Apostles Peter and Paul, Sts. Benedict, Basil, Padre Pio, Bruno, Dymphna, and my Guardian Angel, and all the Saints and Angels of Heaven, and powerful in the holy authority of the name of Jesus Christ, I cancel all ground that evil spirits have gained through my willful involvement in sin. Amen.

For areas of life not pleasing to God, pray the following:

I now confess the areas of my life that You have revealed to me as not pleasing to You, including the following areas _____, _____, _____, and I ask for forgiveness that I have not pleased you these and in many other ways. I ask now for cleansing through the blood of the Lord Jesus Christ. I ask this strengthened by the intercession of the Blessed and Immaculate Virgin Mary, Mother of God, Blessed Michael the Archangel, Blessed Apostles Peter and Paul, Sts. Benedict, Basil, Padre Pio, Bruno, Dymphna, and my Guardian Angel, and all the Saints and Angels of Heaven, and powerful in the holy authority of the name of Jesus Christ. Amen.

Reclaiming Ground

Dear Heavenly Father, strengthened by the intercession of Blessed and Immaculate Virgin Mary, Mother of God, Blessed Michael the Archangel, Blessed Apostles Peter and Paul, Sts. Benedict, Basil, Padre Pio, Bruno, Dymphna, and my Guardian Angel, and all the Saints and Angels of Heaven, and powerful in the holy authority of the name of Jesus Christ, I cancel all ground ✕ that evil spirits have gained through my willful involvement in sin and I cancel all ground the enemy has gained in my life through the actions and sins of others. I reclaim that ground and my life for Christ. Amen

Heavenly Father, I let go of any unforgiveness; I let go of sin; I let go of all the ways that Satan has a hold on my life.

Heavenly Father, I ask forgiveness for myself, my relatives, my ancestors, and my friends, for any calling upon the powers that set themselves up in the opposition to the Lord Jesus Christ. Any territory that was handed over to Satan I now reclaim and place under the Lordship of the Lord Jesus Christ. Thank You Holy Spirit for leading and guiding me into fullness of life.

Binding the Spirits

In the name of the Lord Jesus Christ, with the intercessions of the Blessed and Immaculate Virgin Mary, Mother of God, Blessed Michael the Archangel, Blessed Apostles Peter and Paul, Sts. Benedict, Basil, Padre Pio, Bruno, Dymphna, and my Guardian Angel, and all the Saints and Angels of Heaven, and powerful in the holy authority of the name of Jesus Christ, I ask you Father ✕ to bind all spirits of the air, water, ground, underground and nether world; to bind any and all emissaries of

the satanic headquarters. I claim the Blood of Jesus on the air, the atmosphere, the water, the ground, and their fruits around us. I claim the Blood of Jesus on the underground and the nether world below. Amen.

In the name of the Lord Jesus Christ, Father I ask You to forbid every adversary mentioned from communicating with or helping one another in any way, or to receive help from any source, or to communicate with me in any way. Amen.

In the name of the Lord Jesus Christ, Father seal myself, ✠ and all those who are praying for me, in the Blood of Jesus. Amen.

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In the name of the Lord Jesus Christ, Father I ask You to forbid every spirit from any source from harming or taking revenge in any way upon me or on any member of my family, or on anyone praying for me in the Blood of Jesus. Amen.

The Breaking of Curses

In the name of the Lord Jesus Christ, strengthened by the intercession of the Blessed Virgin Mary, Mother of God, Blessed Michael the Archangel, Blessed Apostles Peter and Paul, Sts. Benedict, Basil, Padre Pio, Bruno, Dymphna, and my Guardian Angel, and all the Saints and Angels of Heaven, and powerful in the holy authority of the His Precious and Wondrous Name, I ask, O Lord God, that you break and dissolve any and all curses, hexes, spells, seals, satanic vows and pacts, spiritual bondings and soul ties with satanic forces, evil wishes, evil desires, hereditary seals, snares, traps, lies, obstacles, deceptions, diversions, spiritual influences, and every dysfunction and disease from any source whatsoever, that have been placed upon me.

Father in Heaven, ✠ please rebuke these evil spirits and their effects and cast them away from me so that I may continue to do Your Will and fulfill the mission you have for them to Your Greater Glory.

Thank you, Father, for hearing my prayer. I praise Your Holy Name and worship You and Love You. Thank You for the wisdom and light of Your Holy Spirit. Thank You for enabling me through Your Holy Spirit to be aggressive against the works of the enemy. Thank You for Your Hope, that takes away discouragement; thank You

for ongoing victory. "...in all these things we are more than conquerors through Him who loved us" (Romans 8:37).

Father, I now place my enemies into your hands. Look with mercy upon them, and do not hold their sins against them. Anyone who has cursed me, I now bless. Anyone who has hurt me, I now forgive. For those who have persecuted me, I now pray

OUR FATHER, Who art in heaven, hallowed be Thy name. Thy kingdom come; Thy will be done on earth, as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. Amen.

We salute you as Daughter of God the Father who has been given power over the devil.

HAIL MARY, full of grace; the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

We salute you as Daughter of God the Father who has been given power over the devil.

HAIL MARY, full of grace; the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

We salute you as Daughter of God the Father who has been given power over the devil.

HAIL MARY, full of grace; the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

GLORY BE to the Father, and to the Son, ✠ and to the Holy Spirit. As it was in the beginning is now, and ever shall be, world without end. Amen.

O MY SWEET JESUS, forgive us our sins and save us from the fires of Hell. Lead all souls to Heaven, and help especially those who are most in need of Thy Mercy.

HOLY MICHAEL THE ARCHANGEL, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O prince of the heavenly hosts, by the power of God, thrust into hell Satan and all the other evil spirits who prowl through the world seeking the ruin of souls. Amen.

The Deliverance

Note: List in the blank lines, each spirit who is harassing you, or has you in bondage, named by its attribute (e.g., anger, lust, fear, jealousy, envy, blasphemy, etc).

In the name of the Lord Jesus Christ, strengthened by the intercession of the Blessed Virgin Mary, Mother of God, Blessed Michael the Archangel, Blessed Apostles Peter and Paul, Sts. Benedict, Basil, Padre Pio, Bruno, Dymphna, and my Guardian Angel, and all the Saints and Angels of Heaven, and powerful in the holy authority of the His Precious and Wondrous Name, Father ✠ I ask you to rebuke these spirits of _____, _____, _____, and all spirits afflicting and harassing me.

Command the evil spirits, Heavenly Father, ✠ in the name of the Lord Jesus Christ, to depart from me now, quietly, without harm to me or to anyone.

Heavenly Father, let the cleansing, healing waters of my baptism flow back through the generations to purify my family line of Satan and sin.

Lord Jesus Christ, fill me ✠ with Your Spirit of love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control to replace the evil spirits who are plaguing me. Father in heaven, loose me ✠ from all bondage and delusions of the devil, and help me to be enlightened by the Knowledge of the Truth of Our Lord Jesus Christ. May the Blessed Mary, ever Virgin, and all the angels and saints pray for me to be delivered from the power of darkness and brought into the Light of Christ.

I ask for the ministry of the Angels to guard and draw near to me to ward off all attempts of the evil spirits to harass, oppress, possess, or bother me in any way.

Saint Michael, the Archangel, defend me against evil that seeks my death; Blessed Mary intercede in behalf of this poor soul that I may know your love and the love of your Son. O Prince of the heavenly host; by the power of God, thrust into Hell Satan and the other evil spirits who are at work in my life.

From the snares of the devil, deliver me ✠ O Lord.

That Thy Church may serve Thee in peace and liberty, I beseech Thee ✠ to hear us O Lord.

That Thou would crush down all enemies of Thy Church, I beseech Thee ✠ to hear us O Lord.

That Thou would cast out the devil and his minions from my life, I beseech Thee ✠ to hear us O Lord.

(Make the sign of the cross on yourself with Holy Water. Also Sprinkle Holy Water with the sign of the cross in each room of your house)

Thanksgiving

Thank You, Heavenly Father, for setting me free. I praise You, I bless You, I worship You. Thank You for the wisdom and light of the Holy Spirit.

Thank You for enabling me through the Holy Spirit to be aggressive against the works of the enemy.

Thank You for your Hope, that takes away discouragement; thank You for ongoing victory. "...in all these things we are more than conquerors through Him who loved us" (Romans 8:37).

Conclusion

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God pray for us sinners, now and at the hour of our death. Amen.

Virgin full of goodness, Mother of Mercy, I entrust to thee my body and my soul, my thoughts and my actions, my life and my death. O my Queen, come to my aid and deliver me from the snares of the devil. Obtain for me the grace of loving my Lord Jesus Christ, thy Son, with a true and perfect love, and after Him, O Mary, of loving thee with all my heart and above all things. Amen.

O Divine Eternal Father, in union with your Divine Son and the Holy Spirit, and through the Immaculate Heart of Mary, I beg You to destroy the Power of your greatest enemy — the evil spirits.

Cast them into the deepest recesses of hell and chain them there forever! Take possession of your Kingdom which You have created and which is rightfully yours.

Heavenly Father, give us the reign of the Sacred Heart of Jesus and the Immaculate Heart of Mary.

I repeat this prayer out of pure love for You with every beat of my heart and with every breath I take. Amen

August Queen of the Heavens, heavenly sovereign of the Angels, Thou who from the beginning received from God the power and the mission to crush the head of Satan, we humbly beseech Thee to send your holy Legions so that under Thy command and through Thy power, they may pursue the demons and combat them everywhere, suppress their boldness and drive them back into the abyss. Who is like God? O good and tender Mother, Thou will always be our love and hope! O Divine Mother, send Thy Holy Angels to defend me and to drive far away from me the cruel enemy. Holy Angels and Archangels, defend us, guard us. Amen

Glorious Prince of the Celestial Host, St. Michael the Archangel, defend us in the conflict which we have to sustain “with the principalities, with the powers, with the world rulers of this present darkness, with the evil spirits in the heavens.” (Eph. 6:12)

Make the Sign of the Cross with Holy Water:

In the Name of the Father, and of the Son, ✠ and of the Holy Spirit. Amen.

With my signature I announce to the universe and all creature above and below, with the Grace of my Lord and Savior, Jesus Christ, that declare the freedom that Christ gives me from harassments and bondages of the evil one. I am Free to love and serve the Lord.

Date Completed: _____

Signature: _____